



WORKSHOPS FOR TRYOUTS: May 11th, 12th and 13th each day these are the times for workshops for tryouts.

- Level 1: 4-6pm for first time athletes thru back and front walkover tumbling
- Level 2: 4-6pm for standing and running back handspring tumbling
- Level 3 4-6pm for handspring tucks standing and running tumbling
- Level 4: 6-8pm for standing tucks and round off layout tumbling
- Level 5: 6-8pm Jump to tuck, and round off to full tumbling
- Level 6: 6-8pm Jumps to tuck, specialty pass to full or double fulls

WHERE: 1262 South 650 West, Farmington, UT 84025

REQUIRED ITEMS TO BRING TO TRY OUTS:

- New Athletes will need to pay our \$50 annual registration fee
- New Athletes will also need to bring a copy of their birth certificate
- All Athletes will need to purchase Summer Practice Wear. Cost \$85.00
- All Athletes will need to fill out our new medical release waiver and parent contract

TRYOUTS: MAY 14TH, SEE TIMES LISTED BELOW FOR EACH LEVEL TO ATTEND TRYOUTS.

PLEASE HELP US SPREAD THE WORD ABOUT OUR UPCOMING TRY OUTS:

TIMES: Please pay attention to the following times to make sure you attend the session that matches your skills.

Session 1: Try Outs will run from 4:00pm-4:30pm. Please Arrive on time

Skills: All Athletes need to have a Cartwheel and have Basic Knowledge of Front and Back Walkovers

Session 2: Try Outs will run from 4:30-5:00pm. Please Arrive on time

Tumbling Requirements: Back Walkover Back Handspring and Front Walkover Roundoff Back Handsprings

Session 3: Try Outs will run from 5:00-5:30pm. Please Arrive on Time

Tumbling Requirements: Toe Touch Triple Back Handsprings and Front Walkover Roundoff Back Handspring Back Tucks

Session 4-6: Try Outs will run from 5:30-6:00pm

Level 4 Tumbling Requirements: Standing Tuck, Jumps to Handspring Tucks and Front Walkover Roundoff Back Handspring Layout; and Either a Front Punch pass or a Whip Pass

Level 5 Tumbling Requirements: Jumps to Tucks, Standing Handsprings to Layouts and Running Tumbling to Fulls.

Level 6 Tumbling: Jumps to Tucks, Standing Handsprings to Fulls and Running Tumbling to Fulls.

***PLEASE VISIT OUR WEBSITE MACSCHEER.COM OR EMAIL US AT**

MACSCHEER@COMCAST.NET FOR ANY QUESTIONS OUR WEBSITE FAILS TO ANSWER.